February 2016

Your Staff
Property Manager ............... Mark Lynch
Asst. Manager ............... Rachael Allen
Maint. Supervisor ...... Mike Steinbacher

Important Numbers
Office ...................... (843) 797-2292
Fax ......................... (843) 797-2260
Emergency Maint.: ...... (866) 522-7095
After-Hour Maint. ........ (866) 522-7095
northbluff@darbydevelopment.com
northbluffam@darbydevelopment.com
Website .................. www.northbluffapts.com
Fire, Police, Emergency .......... 911

Office Hours
Monday–Friday .......... 8:00 a.m.–5:00 p.m.
Saturday ................ 10:00 a.m.–4:00 p.m.
Sunday ...................... Closed

February Forecast
Feb. 2 is Groundhog Day, when the furry forecaster from Pennsylvania emerges from his burrow. If Punxsutawney Phil sees his shadow, it means six more weeks of winter. If he doesn’t, then spring is just around the corner.

North Bluff Yappy Hour!
Dog lovers, reward yourself and your pooch after a long week at the office! Bring your favorite furry friend to enjoy treats and water during Yappy Hour at the Clubhouse on Saturday, February 20th from 5pm-6pm. Yappy Hour is not just for the dogs; there will be snacks and beverages available for everyone.
Don’t have a furry friend? No worries! You can still join in the fun! Come and mingle with your fellow neighbors and enjoy the refreshments! There will be a raffle at the end of the hour for a prize bag full of goodies for you and your pet.
Date: Saturday, February 20th
Time: 5:00pm-6:00pm
Place: In front of the Clubhouse

The 17th Annual Chefs’ Feast!
Led by Chef Robert Carter, Chefs’ Feast is an annual collaboration between the Lowcountry Food Bank and nearly 30 of the area’s most celebrated chefs who offer up delectable bites – both savory and sweet – for guests to enjoy.
Also enjoy the Big Band sounds of the Ray Michaels Band, and meet the Lowcountry’s own celebrity chefs as they serve up their signature dishes. The event is on Sunday, February 21st.
Proceeds from Chefs’ Feast benefit the Lowcountry Food Bank’s childhood hunger programs – Kids Cafe, BackPack Buddies, School Pantry and Summer Feeding which alleviate after-school, weekend and summer hunger for Lowcountry children.

A Special Super Bowl
Super Bowl 50 will be played Sunday, Feb. 7, in Santa Clara, Calif., to determine the National Football League champion team. The game is being called the Golden Super Bowl because it is being played in the Golden State and because a 50th anniversary is traditionally the golden anniversary.
Logos of Love
Symbols for love and romance are everywhere we look: in fine art and magazines, on billboards and greeting cards, and even on the clothes we wear. Hearts, flowers, gems and other motifs bring to mind the emotional qualities of love and how we feel about our loved ones.

The Romans believed diamonds, worn to symbolize eternal love, were splinters of fallen stars. The first diamond engagement ring can be traced to the 15th century.

The personification of love and courtship, Cupid is depicted with a bow and quiver of arrows. The notion that being hit by Cupid’s arrow will make the victim fall in love comes from the myth of Cupid and Psyche.

Likely the most common symbol for love is the heart. At one time, scholars believed the heart was the seat of all human emotions. Giving a heart signified the act of giving everything to someone you love.

Roses represent beauty, purity and romance. Each color adds further meaning, with red depicting true love. Doves have long been considered a sign of faithful and eternal love because they remain a pair for life.

The design of the Celtic knot, having no beginning and no end, is a testament to the enduring nature of true love.

Because of its hard casing, the scallop shell echoes the protective quality love sometimes takes. As the shell encircles and protects, so does love.

Other symbols of love include the ladybug, swan, dolphin and harp.

“If equal affection cannot be, let the more loving be me.”
—W.H. Auden

Valentine’s Day in Charleston
If your plans land you in Charleston this Valentine’s Day, consider yourself lucky. This city is packed with tucked away restaurants, secret gardens and indulgent adventures to enjoy with your loved one on this special day.

Sometimes the most simple (and last minute), yet thoughtful plans create the best memories. Skip the forced sit-down dinner and stop by Caviar & Bananas for a bottle of wine and a cheese board. Then head on down to the Battery or Mt. Pleasant’s Waterfront Park for a quiet evening picnic together.

What better way to say “I love you” than with the gift of relaxation and rejuvenation? The Spa at Charleston Place offers a romantic couples massage, complete with champagne and chocolate-covered strawberries.

Game Day Gastronomy
There’s more to love about Super Bowl Sunday than just the game—who can resist all the good food that goes along with it?

Super Bowl Sunday is the second-largest food consumption day of the year, behind only Thanksgiving, according to the U.S. Department of Agriculture. Did you really think it was just about football?

It is estimated that Americans will spend more than $14 billion related to the Super Bowl, with much of that going toward food and beverages.

At the top of the list of football fan favorites is chicken wings. About 1.2 billion wings will be consumed on game day, which this year is Feb. 7. And don’t forget the sauce. More than half of wing eaters prefer to dip their chicken in ranch dressing.

Who doesn’t love the gooey goodness that is pizza? We will down 4 million of these popular pies come game day.

Crispy and crunchy, chips are a longtime favorite. Football fans will eat 29 million pounds of them during game festivities—enough to fill 39 Boeing 747 airplanes.

Chips are best with dip, and guacamole is one of the healthier alternatives since avocados are considered a super food. About 8 million pounds of the green stuff will be consumed on Super Bowl Sunday.
**Wit & Wisdom**

“Good night, good night! Parting is such sweet sorrow, that I shall say good night till it be morrow.”
—William Shakespeare

“It is the sweet, simple things of life which are the real ones after all.”
—Laura Ingalls Wilder

“Sweet is the memory of distant friends! Like the mellow rays of the departing sun, it falls tenderly, yet sadly, on the heart.”
—Washington Irving

“Love planted a rose, and the world turned sweet.”
—Katharine Lee Bates

“A poet is a nightingale, who sits in darkness and sings to cheer its own solitude with sweet sounds.”
—Percy Bysshe Shelley

“That it will never come again is what makes life sweet.”
—Emily Dickinson

“The love of learning, the sequestered nooks, And all the sweet serenity of books.”
—Henry Wadsworth Longfellow

“Sometimes I’m so sweet even I can’t stand it.”
—Julie Andrews

“Life is one grand, sweet song, so start the music.”
—Ronald Reagan

“No, there’s nothing half so sweet in life as love’s young dream.”
—Thomas Moore
### February 2016

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**“This Month In History”**

**FEBRUARY**

1849: William G. Morgan, a physical education director in Massachusetts, invents a sport called mintonette. A year later, the name was changed to volleyball.

1922: Reader’s Digest magazine is published for the first time.

1930: Pluto is discovered by astronomer Clyde Tombaugh at Arizona’s Lowell Observatory. The tiny, distant body was labeled the ninth planet in the solar system, but scientists in 2006 reclassified it as a dwarf planet.

1945: Captured in a now-iconic photograph, U.S. Marines raise the American flag on Japan’s Mount Suribachi during the Battle of Iwo Jima.

1953: Cambridge University scientists James Watson and Francis Crick announce their discovery of the chemical structure of DNA.


1980: The U.S. Olympic hockey team beats the heavily favored Soviet team at Lake Placid, N.Y., in a stunning upset dubbed the “Miracle on Ice.” The U.S. went on to win the gold medal.


2001: Two astronauts from the crew of the space shuttle Atlantis make NASA’s milestone 100th spacewalk.

2004: The online social networking service Facebook is launched.

2009: The Pittsburgh Steelers win a record-setting sixth NFL championship after a 27–23 victory over the Arizona Cardinals in Super Bowl XLIII.